

Medical Abortion Training

1. Accredited program created through collaboration between:
 - Society of Obstetricians and Gynecologists of Canada
 - College of Family Physicians of Canada
 - Canadian Pharmacists Association
 - <https://sogc.org/online-courses/courses.html>
 - 6 modules, 1.5 - 3 hours to complete, \$50
2. National Abortion Federation
 - www.prochoice.org
3. Celopharma Training Program
 - <http://celopharma.com/en/health-professionals/>

CPD

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

PROGRAMS AND PRACTICE SUPPORT ▾

- ◆ Clinical Live-Stream Webinars
- ◆ Contemporary Topics in Early Antenatal Care: A Practical Course for Providers
- ◆ **Abortion Resources for Family Physicians**
- ◆ Cannabis Resources for Family Physicians
- ◆ Osteoarthritis (OA) Tool
- ◆ Poverty: A Clinical Tool for Primary Care Providers

MAINPRO+® ▾

CHRONIC NON-CANCER PAIN MANAGEMENT AND OPIOID RESOURCES

CPD PROVIDERS AND PLANNERS ▾

SELF LEARNING™ ▾

Abortion Resources for Family Physicians

← Share

Approximately one in three women in Canada has an abortion in her lifetime, according to a 2012 report.¹ Family physicians play a crucial role in supporting patients who need abortion care. Currently many Canadian communities, particularly in rural or remote regions, lack abortion services, which forces patients to travel long distances for care. With the availability of mifepristone, a drug used in combination with misoprostol under the brand name Mifegymiso to induce an abortion, family physicians have an opportunity to extend their practices to incorporate this care and improve access to this service for their patients and communities. The following are links to resources for family physicians who want to provide or refer their patients for abortion care.

Resources for physicians

- **Health Canada approves updates to Mifegymiso prescribing information: Ultrasound no longer mandatory.** Health Canada is informing Canadians that the prescribing and patient information for Mifegymiso has been updated to reflect that an ultrasound is no longer required before the drug is prescribed. Mifegymiso is a combination product containing two drugs (mifepristone and misoprostol) that are taken in sequence for the medical termination of a pregnancy.

Please click on the link below regarding Mifegymiso prescribing from Health Canada for more information.
[http://healthy Canad ians.gc.ca/recall-alert-rappel-avis/hc-sc/2019/69620a-eng.php](http://healthy Canadians.gc.ca/recall-alert-rappel-avis/hc-sc/2019/69620a-eng.php)

- **Canadian Abortion Providers Support:** This online community of practice provides a broad range of information for providers and is supported by the College of Family Physicians of Canada (CFPC). The site includes Protocols, Ask an Expert, Academic Resources, Tools, Frequently Asked Questions, Locate a Pharmacy, etc. Users must register to access the site, but membership is free: https://www.caps-cpca.ubc.ca/index.php/Main_Page

Other Resources:

Medical Abortion Guidelines:

Society of Obstetricians and Gynecologists of Canada with CFPC members:

JOGC April 2016 38(4): 366-389

National Abortion Federation

NAF membership for MA providers - \$125

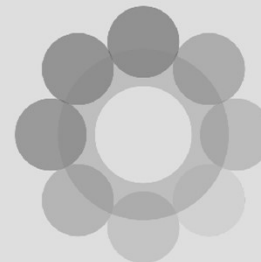
Reproductive Health Access Project (US)

<https://www.reproductiveaccess.org>

Join Canada's
online community
for health professionals
certified to provide
Mifepristone.

- Exchange tips, resources, and best practices
- Gain feedback from experts
- Locate pharmacies in your region

LEARN MORE



CAPS CPCA

Canadian Abortion Providers Support
Communauté de pratique canadienne sur l'avortement
www.caps-cpca.ubc.ca



Version 2 | August 29, 2016
Credit: Shutterstock

https://www.caps-cpca.ubc.ca/index.php/Main_Page

People

- Add Member
- Edit Role
- Registration Queue
- Email List
- Refer a Colleague
- Reset Password

For All Members

Helpful Resources

- Take a Poll
- Share a Case or Experience
- Frequently Asked Questions
- Who supplies/pays for Mifegymiso?
- Latest News

For Certified Members

- Ask an Expert
- Locate a Pharmacy
- Add a Pharmacy

Helpful Resources

Resources

Canadian Resources



Clinical Guidelines



Tools & Tips



Organizations



Articles



Patient Resources



Canadian Resources

Below are the **Canadian Resources** in CAPS members may be most interested in becoming familiar with. You can use the search box below. You can search by name, date last edited, and last editor.

Upload

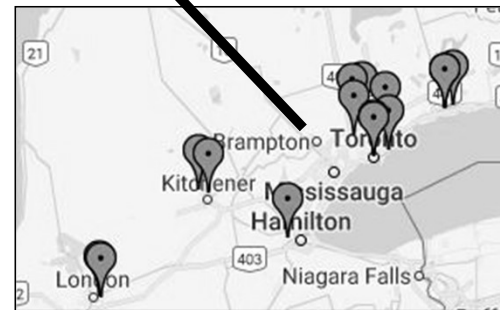
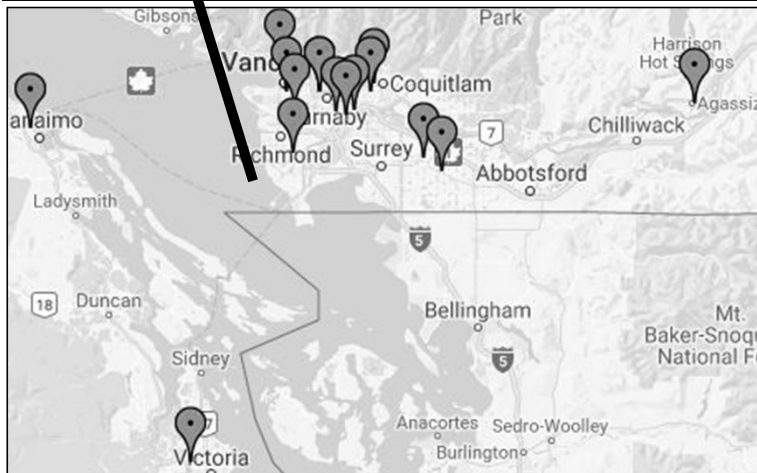
Uploaded Files

Show entries

| Page Title ▲ | Keywords ◇ |
|---|------------|
| Consent form provided by the SOGC training | |
| Consent form shared by Kensington Clinic | |
| Consent form shared by the The Bay Centre for Birth Control | |
| Consent form shared by Willow Clinic | |
| Mifegymiso Patient Consent Form | |
| Patient information sheet shared by Kensington Clinic | |
| Patients Mifegymiso Guide | |

“Locate a Pharmacy”

68 on the map (as of 2018/03/05)



- AB = 10 (5 Urban, 5 Rural)
- BC = 23 (15 Urban, 7 Rural)
- MB = 3 (Urban)
- NB = 1 (Rural)
- NFL = 0
- NWT = 0
- NS = 5 (2 Urban, 3 Rural)
- NU = 0
- ON = 20 (18 Urban, 2 Rural)
- PEI = 0
- QC = 0
- SK = 7 (5 Urban, 2 Rural)
- YK = 0

MEDICAL ABORTION CHARTING FORM

Patient Name:
DOB:
Health Card:

Tel:
Age:

1. Counselling

- Pregnancy options counselling provided
- Surgical vs. medical abortions discussed
- Medical abortion protocol explained
- Reviewed timing of ultrasound, lab tests, medications, follow-up appointment
- Reviewed effectiveness, side effects and potential complications
- Contraception plan: _____ start date: ___/___/___

2. Determine Eligibility for a Medical Abortion

Confirm All Inclusion Criteria

- Expresses clear decision to have an abortion
- No indication of being coerced into abortion
- Informed consent process completed
- Understands expected side effects (bleeding, cramping)
- Agrees to comply with the visit schedule
- Agrees to a surgical abortion should pregnancy continue
- Understands when and where to consult in case of emergent complications
- Has access to a telephone, transportation, and emergency medical care
- Review of current medications
- Allergies: _____

Absolute Contraindications (exclude all)

- Chronic adrenal failure
- Inherited porphyria
- Uncontrolled asthma
- Allergy to mifepristone or misoprostol
- Ectopic pregnancy
- Coagulopathy or current anticoagulant therapy
- Consider and Manage Relative Contraindications:**
- Pregnancy of unknown location or gestational age
- Long term corticosteroid use
- Anemia with hemoglobin Hb < 95 g/L
- IUD in situ (no longer a contraindication if removed)

3. Physical Exam, Gestational Age, Pregnancy Location

- LMP: ___/___/___ (date)
- G: ___ T: ___ P: ___ A: ___ L: ___
- Vital signs: BP ___, HR ___
- Gestational age on ___/___/___ is: ___wks ___days
- confirmed clinically and with urine test or
- confirmed by ultrasound
- β hCG done or planned [see section 4, Labs] or
- β hCG not done
- Follow-up appointment scheduled ___/___/___ (date)

4. Initial Labs and Imaging

- Lab tests completed/results:
- ABO RH ___ Antibody Screen ___
- 120 or 300 μ g Rho(D) IG given
- Hemoglobin ___
- Baseline β hCG ___ IU on ___/___/___
- Gonorrhea and chlamydia
- Imaging**
- Dating ultrasound requisition, appointment on ___/___/___ (date)

5. Provision of Mifegymiso®

- Review U/S and lab results with the patient and agree to proceed
- Prescribe Mifegymiso® (indicate on prescription a "dispense before" date appropriate for gestational age)

Ask an Expert

People

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For All Members

- Helpful Resources
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For Certified Members

- Ask an Expert**
- Locate a Pharmacy
- Add a Pharmacy

Ask an Expert

Do you have a question for one of our medical abortion experts? Click below to begin your question.

- Please do not include any personal or identifying information about your patients.
- You will receive a response from an expert within two days.
- If you have been matched up with an expert, the "Matched?" column should change to "Yes".

[Ask an Expert](#)

| Problem | | Category | Posts |
|--|---|---------------------------|-------|
| ? Interaction Methadone and Mife? | X | Clinical | 2 |
| Breastfeeding | X | Clinical | 4 |
| Breastfeeding | X | Clinical | 4 |
| Case-by-case access | X | Regulatory/Health Systems | 4 |
| comparing quantitative bhcg between labs | X | Clinical | 2 |
| emesis 35 mins post-miso - repeat??? | X | Clinical | 4 |
| follow up betas | X | Clinical | 3 |
| General guidance | X | Clinical | 6 |
| Gravol et mifepristone-misorostol | X | Clinical | 5 |
| mifepristone and methadone | X | Clinical | 2 |
| More questions about- Dating a pregnancy using U/S vs LMP and be | X | Clinical | 7 |
| questions concerning prescription and dispensing | X | Regulatory/Health Systems | 5 |
| re: expected drop in bhcg at 24 hrs post miso in 9 wk pregnancy | X | Clinical | 2 |