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Hospital Medicine Mini-Series: Part 1

Diversity of Career Paths with Hospital
Medicine

Dr. Sahil Jain (moderator)

Dr. Sumathi Gudapati (LTC/Maternity)

Dr. Jeff Schulz (Rural Clinic/Emerg)

Dr. Lei Ma (Sub-acute)



Presenter Disclosure

- **Faculty:** Sahil Jain
- **Relationships with financial sponsors:** None to declare.
- **Other:** affiliated with Vancouver Coastal & Fraser Health authority as a hospitalist, UBC as a clinical instructor and a very small half-time clinic practice at the Telus Health Care Center in Vancouver, BC.

Presenter Disclosure

- **Faculty:** Sumathi Gudapati
- **Relationships with financial sponsors:** None to declare
- **Other:** None to declare



Presenter Disclosure

- **Faculty:** Jeff Schultz
- **Relationships with financial sponsors:** None to declare
- **Other:** None to declare



Presenter Disclosure

- **Faculty:** Lei Ma
- **Relationships with financial sponsors:** None to declare
- **Other:** President of Medical Staff Association, Bruyere Continuing Care



Learning Objectives

- Illustrate diversity in hospital medicine practice settings
- Demonstrate how fulfilling, challenging and dynamic it can be to be a hospital medicine physician



Background

- Historically, hospital medicine has been practiced by family physicians all across Canada in various scopes, forms and settings.
- Learners and new-to-practice physicians often find hospital work daunting.
- Family physicians are well positioned and trained to choose the type and scope of their hospital work.

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**Question 1: Tell us about what you
do currently, where you work and
how diverse is your work in scope
and type?**



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Question 2: How is your practice today different from what it was 2 or 5 or 10 years ago and what was your journey like?



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Question 3: What practice variations do you see based on urban/suburban/rural hospital/rehab or LTC work?

For example, do you manage all acute care yourself, what do you like/dislike about where you work, do you have adequate specialist support, train residents, mix-and-match with other things to avoid burnout etc.



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Question 4: If you had to give new-to-practice family physicians and/or residents 2 pieces of advice regarding hospital work as a career path, what would you say?

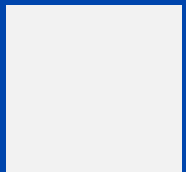


Practical Takeaway Points

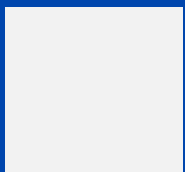
- Hospital medicine is maturing and in-demand.
- It complements well with many practice settings – Acute, Emergency, Urgent Care, Family Practice/Walk-in, Rehab/Sub-acute care, Residential/LTC care, Palliative Care, etc.
- Choosing between locations and settings can help with finding a comfortable practice style.
- Commitment to hospital medicine early in practice is helpful.

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